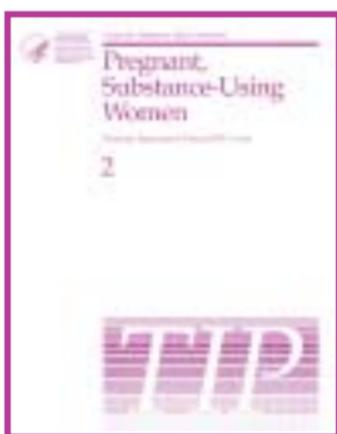


CSAT's
Knowledge Application Program

KAP Keys

For Clinicians

Based on TIP 2
*Pregnant, Substance-
Using Women*



Introduction

These KAP Keys were developed to accompany the Treatment Improvement Protocol (TIP) Series published by the Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration. These KAP Keys are based entirely on TIP 2 and are designed to meet the needs of the busy clinician for concise, easily accessed "how-to" information.

For more information on the topics in these KAP Keys, readers are referred to TIP 2.

Other Treatment Improvement Protocols (TIPs) that are relevant to these KAP Keys:

TIP 5, *Improving Treatment for Drug-Exposed Infants (1993)*
BKD110

TIP 25, *Substance Abuse Treatment and Domestic Violence (1997)* **BKD239**

TIP 27, *Comprehensive Case Management for Substance Abuse Treatment (1998)* **BKD251**

TIP 36, *Substance Abuse Treatment for Persons With Child Abuse and Neglect Issues (2000)* **BKD343**

Procedures for the First Prenatal Visit

1

KAP KEYS Based on TIP 2
Pregnant, Substance-Using Women

- Detailed health history, including alcohol and illicit drug use and psychosocial assessments
- Comprehensive physical examination, focusing on the multiple medical problems of this population
- Family psychosocial, medical, alcohol and illicit drug use history
- Health, psychosocial, alcohol and illicit drug use history of the baby's father
- Routine prenatal panel, plus other laboratory tests, including urine and/or blood toxicology screening, tuberculin test with an antigen panel, and baseline sonogram
- Optional tests as needed, including screening for human T-cell lymphotropic virus (HTLV)-I and hepatitis C
- Attention to areas of special concern in substance-using women
- Attention to medical complications encountered in pregnancy
- Referrals to an alcohol or illicit drug treatment program, nutritional counseling, social services, and other counseling
- Additional referrals as needed

Alcohol

- Setting: Inpatient, under medical supervision
- Follow admission procedures
- Monitor for signs and symptoms of alcohol withdrawal syndrome (use medical caution)
- Antabuse: contraindicated (use medical caution)
- Inpatient substance abuse treatment whenever possible
- Outpatient substance abuse treatment with special focus on pregnancy issues and drug use
- Encourage and monitor continued prenatal care

Cocaine

- Setting: Inpatient is most effective
- Follow admission procedures
- Medication contraindicated, except in cases of extreme agitation (use medical caution)
- Inpatient substance abuse treatment whenever possible
- Outpatient substance abuse treatment if necessary, with special focus on pregnancy issues and drug use
- Encourage and monitor continued prenatal care

Sedative-Hypnotics

- Setting: Inpatient, under medical supervision
- Follow admission procedures
- Monitor for severe symptoms: seizures, delirium (use medical caution)
- Determine risk/benefit ratio when considering use of medications (use medical caution)
- Encourage and monitor continued prenatal care

**KAP KEYS Based on TIP 2
Pregnant, Substance-Using Women****Postpartum**

- Encourage continued participation in substance abuse treatment
- Encourage and educate about family planning
- Permit breastfeeding in methadone-maintained mothers
- Initiate preventive health maintenance program
- Provide for child care and parenting education
- Conduct postpartum followup
- Additions for HIV-positive women
 - Conduct postpartum followup
 - Breastfeeding contraindicated
 - Encourage continued participation with HIV specialist for medical followup for mother and infant
 - Educate mother regarding special needs of infant
 - Encourage and educate about family planning

Neonatal

- Obtain urine and/or blood toxicologies
- Monitor for effects of drugs on the infant
- Treat appropriately, depending on drug
- Review case with mother and educate her regarding special care of infant
- Encourage involvement of father of baby or significant other, and family members
- Additions for HIV-positive women
 - Ensure special pediatric followup

**KAP KEYS Based on TIP 2
Pregnant, Substance-Using Women**

Training for medical staff, alcohol and illicit drug treatment providers, and others serving pregnant, substance-using women and their children should address these topics:

• Diagnosis and treatment

- Medical guidelines
- Treatment readiness in substance-using women
- Assessment instruments
- Dual diagnosis
- Women with positive toxicology screens in alcohol and illicit drug treatment programs
- Followup care

• Population-specific issues

- Child abuse and neglect
- Noncompliant patients
- Gender-specific treatment
- Sociocultural sensitivity
- Incest, adult and child sexual abuse
- Domestic violence
- Habilitation and rehabilitation
- Child development

• Staff development

- Multidisciplinary team approach
- Staff development and burnout

A collection of sample assessment instruments is available as a package from SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI), P.O. Box 2345, Rockville, MD 20852, 1-800-729-6686.

"Assessment Instruments for Programs Serving Pregnant, Substance Abusing Women." Available from SAMHSA/CSAT Web site at: www.csat.samhsa.gov. Fee: \$1.00



Ordering Information

TIP 2

Pregnant, Substance-Using Women

Easy Ways to Obtain Free Copies of All TIP Products

1. Call SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI) at **800-729-6686**, TDD (hearing impaired) **800-487-4889**.
2. Visit CSAT's Website at www.csat.samhsa.gov

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