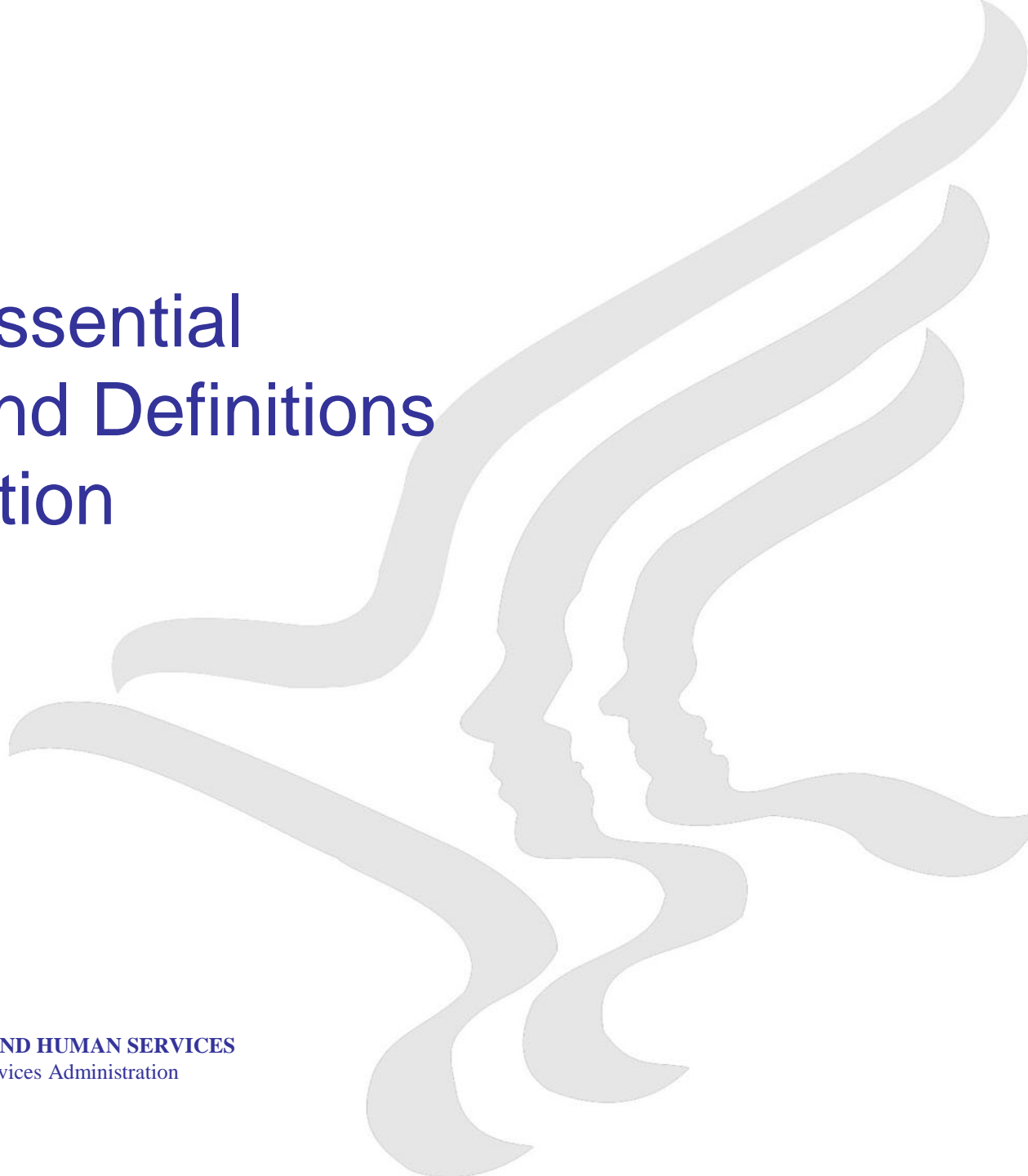


# Welcome



**U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES**  
Substance Abuse and Mental Health Services Administration  
Center for Substance Abuse Treatment  
<http://www.samhsa.gov>

# Module 1: Overview, Essential Concepts, and Definitions in Detoxification



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# Integration of Detoxification and Substance Abuse Treatment

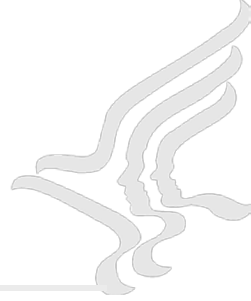
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- Detox patients are in a crisis, providing a window of opportunity to acknowledge substance abuse problem and seek treatment.
- Research shows that detox is often followed by a reduction in drug use and a desire to seek treatment.
- Detox staff can facilitate patient's entry into treatment.

# Module 1 Objectives

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- Define detox as distinct from substance abuse treatment
- Describe the three essential components of detox: evaluation, stabilization, and fostering entry to treatment
- Distinguish the six different DSM-IV-TR definition of terms relating to detox and treatment
- Summarize the guiding principles for TIP 45
- Identify at least two challenges to providing effective detox

# History of Detoxification Services

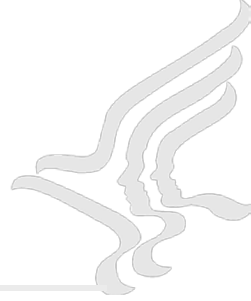


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- AMA declares alcoholism a disease in 1958
- The Uniform Alcoholism and Intoxication Treatment Act (1971)
- Emergence of humanitarian views of those who are substance use dependent
- Emergence of new treatment models

# Three Components of Detoxification Process

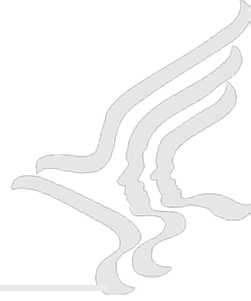
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- Evaluation: screening and assessment
- Stabilization: assisting the patient through detox and withdrawal
- Fostering readiness and entry into treatment

# Review of Terms

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- Substance
- Substance-related disorders
- Substance dependence
- Substance abuse
- Substance intoxication
- Substance withdrawal

# Fostering and Maintaining Abstinence



- Fostering abstinence includes:
  - Ongoing assessment of physical, psychological, and social status
  - Identification of relapse triggers
  - Primary medical and psychiatric care as needed
- Maintaining abstinence includes:
  - Continuation of counseling and support
  - Refinement and strengthening of strategies for relapse prevention

# 7 Key Assumptions and Guiding Principles for Detox and Substance Abuse Treatment



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1. Detox is not complete treatment
2. Detox process includes evaluation, stabilization, and fostering treatment readiness
3. Detox takes place in a wide variety of settings
4. All treatment must be of the same quality and thoroughness

# 7 Key Assumptions and Guiding Principles for Detox and Substance Abuse Treatment

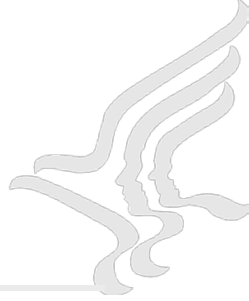


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5. Insurance coverage for complete detox is cost-effective
6. Detox programs must be culturally competent in order to address the unique needs of all patients
7. Success depends on continuation of treatment after detox

# Linkages to Treatment Services

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- Linkages from detox to treatment leads to an increase in recovery and a decrease in repeated detox and treatment services
- Recovery leads to reductions in:
  - Crime
  - Expensive medical and surgical treatment
- Effective linkage to treatment services remains a significant challenge to detox providers